

June 2015 Fridge Post



DSAOC's **Mission** is to create a place for connection, information and hope for people with Down syndrome and their families throughout greater Orange County, to promote Down syndrome awareness through community outreach, and to offer programs, services and support that aim to empower individuals with Down syndrome to reach their full potential. Our **Vision** is to be a one-stop-shop for all things Down syndrome related, and to be a model organization for community collaboration and Down syndrome awareness, to change perceptions and change lives.

Looking Forward

DSAOC Golf Tournament, Banquet & Auction – Monday, June 8, Los Coyotes Country Club

Fishing, Outdoor Fun & BBQ with the Orange Elks Lodge at Irvine Lake – Sunday, June 14, 10:00 a.m. – 2:00 p.m. Ages 10 years and up.

DSAOC Sibshops – Saturday, June 20, DSAOC Center
OC Bike Camp – August 10 – August 14 at SOKA University
Mini-Conference "Parents as Partners": Navigating the
IEP process and steps to become more involved within
your student's SELPA and District – Saturday, August 15
DSAOC'S "Trick-or-Trunk" – Saturday, October 24, Garden
Grove Elks Lodge

OC Buddy Walk - Sunday, November 1, Angel Stadium

**Summer Programs are BACK! See reverse for flyer.

For more information about DSAOC events visit www.dsaoc.org

Support/Networking Groups

<u>Circle of Friends</u> – Please note that there is no Circle of Friends for June due to a special event.

Homeschool Friends

Monday, June 15
from 1—2:30 p.m. at the DSAOC Center

For parents of children with Down syndrome that are currently home schooling or are considering this educational option. Children and siblings are welcome. Join us - the 2nd Monday of each month beginning at 1 p.m.

OC Buddy Walk

It's not too early to start thinking about DSAOC's 2015
Orange County Buddy Walk!



Save the Date—Sunday, November 1
Angel Stadium of Anaheim
9 a.m.—2 p.m.

Start getting your team and sponsors together!

*Website is launching soon...

OC Bike Camp

OC Bike Camp

Monday, August 10 – Friday, August 14 at Soka University

The Orange County Bike Camp: A great place for youth as well as older individuals with disabilities to learn to ride a 2-wheeler in a safe, air-conditioned environment!

Just think: After a week of riding sessions, you could be riding around your neighborhood, riding to the store, riding on your bike path, taking a ride at the beach with your friends or your family – This could be you!

http://dsaoc.org/pdfs/bikecamp/2015-bike-camp-information.pdf http://dsaoc.org/pdfs/bikecamp/2015-bike-camp-registration-form.pdf

If you have any questions please call DSAOC at 714-540-5794.

Volunteers needed for Bike Camp! Ages 16 and up.

http://dsaoc.org/pdfs/bikecamp/2015-bike-camp-volunteer-application.pdf

DSAOC Sibshops

This is a monthly program, the third Saturday of each month, from 1-4 p.m. at the DSAOC Center.

Not too late to sign up for the June 20th Sibshop

No Sibshop July/August, but resuming Saturday, September 19

What to Expect: DSAOC's Sibshops, for kid's ages 8-12 years old who have a brother or sister with Down syndrome, is decidedly fun to attend. It provides peer support and information within a recreational context. It may be "therapeutic" to attend, but it is not therapy. It is a wonderful blend of making friends, having fun, receiving information, and sharing their lives with others. Friendship is a cornerstone component, as these siblings will likely support one another over the years.

Facilitators: DSAOC volunteers, Autumn Trail and Renae Eichenmuller. Autumn and Renae each have an older sister with Down syndrome.

To register contact DSAOC at programs@dsaoc.org and please provide the name & age of the interested sibling(s).