

October 2016 Fridge Post



DSAOOC's **Mission** is to create a place for connection, information and hope for people with Down syndrome and their families throughout greater Orange County, to promote Down syndrome awareness through community outreach, and to offer programs, services and support that aim to empower individuals with Down syndrome to reach their full potential. Our **Vision** is to be a one-stop-shop for all things Down syndrome related, and to be a model organization for community collaboration and Down syndrome awareness, to change perceptions and change lives.

Looking Forward in 2016

Circle of Friends: T.A.S.K. presentation – Thurs, Oct 6
Boo Bash Dance – Sat, Oct 1 at Mater Dei HS
Halloween Picnic & Trick or Trunk – Sat, Oct 22 at GG Elks Lodge
Orange County Buddy Walk – Sun, Oct 30 at Angel Stadium
Breakfast with Santa – Sat, Dec 3 at GG Elks Lodge
Red Carpet Ball – Sat, Feb 25, 2017, Embassy Suites Brea

For more information about DSAOC events visit
www.dsaoc.org or www.facebook.com/dsaoc

Support/Networking Groups

Circle of Friends Support & Networking Group **Thursday, October 6** **from 7—9 p.m. at the DSAOC Center**

Circle of Friends: Make friends, and share the challenges, milestones, and triumphs as you raise your child. Expectant parents are also welcome. Child care is not provided, but your little one with Down syndrome is welcome to accompany you.

Presentation: TASK Assistive Technology, Laura Simmons-Martinez

We will introduce applications with the following focus areas: video modeling, social skills, life skills, vocabulary building, language development, communication, and more. Join us for a fun, fast paced session.

Flyer for this presentation is attached

Homeschool Friends

Every Monday

Starting at noon at the DSAOC Center

The Homeschool children in this group are participating in a special Speech program pilot project. Parents are still welcome to join for discussion and networking with the other parents, however, we cannot accommodate additional children in the pilot program at this time.

Teen/Adult Activities

Teen and Adult Bowling League **Saturday, October 8** **from 10 a.m. – 12:30 p.m.**

This activity is for teens and adults with Down syndrome ages 12 and up. Join us for this FUN & social activity! Takes place on the 2nd Saturday of each month from September to May.

Location: Irvine Lanes – 3415 Michelson Dr. Irvine, CA
Cost: \$6 per session (includes 2 games and shoe rental)

Please RSVP to admin@dsaoc.org

Halloween Activities

Teen/Adult “Boo Bash” Dance

Saturday, October 1

from 6 – 9 p.m. at Mater Dei High School

Calling all teens and adults ages 13 and older – Join us for our 7th annual Boo Bash hosted by Mater Dei High School! Dress in your favorite Halloween Costume and be prepared to dance the night away to tunes spun by DJ Willpower! Fun costume contest (no masks please) and prizes...games, snacks and more!

*Costumes are optional

Cost is \$5 per person if you pre-register or \$7 at the door.

Please note: Independence Assessment form must be up to date. You can find it at: <https://goo.gl/forms/wwwaGF7qdA0tHrUQD3>

DSAOOC’S “Trick or Trunk” Family Activity

Saturday, October 22

from 4:30 – 7 p.m. at Garden Grove Elks Lodge

Bounce House, Food & Fun!

Dress in your favorite Halloween Costume and take part in our Annual Trick or Trunk once again hosted by our friends at Garden Grove Elks Lodge.

Location: 11551 Trask Ave, Garden Grove, CA 92843

Please RSVP to admin@dsaoc.org

Sibshops

Sibshops

Saturday, October 15

from 1 – 3:30 pm. at the DSAOC Center

Upcoming Sibshops dates: Saturday, Oct 15 / Saturday, Dec 10 (Family Potluck) (no meeting in November)

What to Expect: DSAOC’s Sibshops, for kid’s ages 8-12 years old who have a brother or sister with Down syndrome, is a wonderful blend of making friends, having fun, and sharing experiences. It provides peer support and information within a recreational context. It may be “therapeutic” to attend, but it is not therapy. Friendship is a cornerstone component, as these siblings will likely support one another over the years.

Facilitators: DSAOC volunteers, Autumn Trail and Renae Eichenmuller. Autumn and Renae each have an older sister with Down syndrome.

To register contact DSAOC at programs@dsaoc.org and please provide the name & age of the interested sibling(s).

*There is a \$5.00 material fee per session

**Unless otherwise stated, activities are held at the DSAOC Center, 151 Kalmus Drive, M-5, Costa Mesa, 92626.
Please contact the Center to sign up for activities: 714-540-5794 or email admin@dsaoc.org**

DSAOC'S "Trick or Trunk" Family Activity

Saturday, October 22
at Garden Grove Elks Lodge
4:30 – 7 p.m.

Join us at Garden Grove Elks Lodge
11551 Trask Ave,
Garden Grove, CA 92843

*Join us for an afternoon of Halloween fun at
Garden Grove Elks Lodge. We will have crafts, food, a Bounce House and Trick or Trunk!*

Potluck!

*Please bring drinks for your family and one of the following items to share:
Bring an item below based on the first letter of your last name.*

A-J Side Dish (Chips/Dip, Pasta Salad or Potato Salad)

K-Z Dessert or Snack Item

DSAOC will provide Pizza (we will have cheese pizza and other varieties)

*Suggested Donation: \$10 per family

Trick or Trunk Details: *What is Trick or Trunk?* It's a great way to add some family friendly excitement to our Halloween picnic! If you'd like to participate, here are some details to help you prepare for this fun activity. Simply (1) pick a Halloween theme and then decorate the trunk of your car to match that theme. Then (2) stock up on some Halloween treats to hand out to our Trick or Treaters. (3) Participating cars will be parked in rows in the parking lot with their trunks open (or side door if it's a van). At a designated time during the Halloween Picnic, the Trick or Treaters will go into the parking lot and visit each festive trunk and get a treat from you.


RSVP for this event by calling 714-540-5794, or by emailing Ali Fowler at admin@dsaoc.org

*Your donations to this activity help DSAOC cover the costs of the supplies. Thank you!



DSAOC "BOO BASH" 2016 HALLOWEEN DANCE PARTY

HALLOWEEN BASH



Down Syndrome Assoc of OC
and Mater Dei High School
714-540-5794

Saturday, October 1 from 6:00 PM
to 9:00 PM

Mater Dei High School: La Vecke Center
1202 West Edinger Avenue Santa Ana, CA
92707

GET YOUR COSTUMES READY...

Calling all teens and adults ages 13 and older – Join us for the Down Syndrome Association of OC's 7th annual Boo Bash, hosted by our friends at Mater Dei High School! Dress in your favorite Halloween Costume and be prepared to dance the night away to tunes spun by DJ Willpower! Fun costume contest (no masks please) and prizes... games, snacks and more!

*Costumes are optional

PRE-Registration Cost is \$5 per person -or- \$7 at the door.

Please note: Independence Assessment form must be up to date. You can find it at:

<https://goo.gl/forms/Chr6k4XDfp0rGuK43>

RSVP to admin@dsaoc.org or 714-540-5794

APPsolutely Amazing!

Apps for Students with Special Needs

Presented by: Team of Advocates for Special Kids

Date : Thursday, October 6, 2016
Time : 7:00 pm - 8:30 pm
Location: Down Syndrome Association of Orange County
151 Kalmus Dr., Ste. M5
Costa Mesa, CA 92626
Cost : Free for parents of children with special needs.

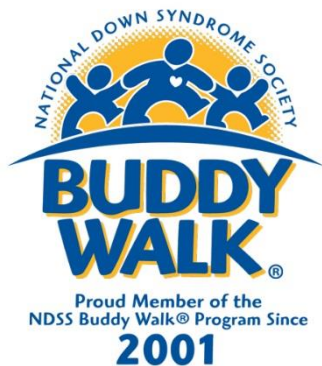
WORKSHOP DESCRIPTION:

We will introduce applications with the following focus areas: video modeling, social skills, life skills, vocabulary building, language development, communication, and more. Join us for a fun, fast paced session.



Registration

Attendees must be pre-registered for this workshop.
Call DSAOC at (714) 540-5794 to register. ADULTS ONLY PLEASE!



Down Syndrome Association
of Orange County's
2016 Orange County Buddy Walk

Sunday, October 30

**Angel Stadium of Anaheim
9 a.m. to 2 p.m.**

Live bands, exciting exhibitors, food & fun, DJ Willpower, bounce houses, rock climb wall, acro-bungee and much, much more!

***Join us for some SPOOKtacular
pre-Halloween FUN for the whole family!
Team COSTUME Contest, Pumpkin Carving
Contest and more...***

***Register your team, Join a team, Donate to a
team, or sign up to Sponsor***

Website: dsaoc.donordrive.com/event/bw2016

***Want to learn more about DSAOC's
Orange County Buddy Walk?***

Visit <http://www.dsaoc.org/buddy-walk.html>
for more information and to view photos and video.

**Prizes are awarded to Top Teams and Top
Fundraisers.**

Volunteer Opportunities available.

**For more information please email admin@dsaoc.org for the
application or more information.**

**REMEMBER... your team gets credit for the Sponsors you secure! Email
Kellie at kperez@dsaoc.org for more information. You can also
download Sponsor/Exhibitor information at:
[http://dsaoc.org/pdfs/buddywalk/2016-oc-buddy-walk-cover-letter-
sponsor-exhibitor-packet.pdf](http://dsaoc.org/pdfs/buddywalk/2016-oc-buddy-walk-cover-letter-sponsor-exhibitor-packet.pdf)**

**GUARANTEED T-SHIRT DEADLINE: Monday, October 3, 2016
TOP TEAMS DEADLINE: Monday, October 24, 2016
ONLINE REGISTRATION DEADLINE: Friday, October 28 at noon!**

